

Associate in Science Degree
Certificate of Achievement

Cosmetology, Degree and Certificate of Achievement
Art and Science of Nail Technology, Certificate of Achievement

Division of Advanced Technology
Donnetta Webb, Dean
Technology 106
916-558-2491

Cosmetology

Associate in Science Degree
Certificate of Achievement

Program Information

The course of study for Cosmetology is approved by the Board of Barbering and Cosmetology. It is designed to train students to become cosmetologists and, at the same time, students may earn an Associate of Science Degree. The program requires 1600 hours of training in cosmetology and completing a minimum number of operations in order to prepare students in meeting the requirements to sit for the California State Examination for the cosmetology license. The training includes permanent waving, manicuring, hair styling and hair cutting, hair coloring, facial procedures, customer relations, professionalism, and salon business.

Completion of COSM 100 with a "C" grade or better is required for all cosmetology courses. A proof of completion form for COSM 100 will be issued upon successful completion of the course and must be presented on the first day of the next COSM course. In COSM 100, students will be introduced to the field of Cosmetology and Nail Technology (manicuring). The course is designed to give students a clear understanding of the subject matter and procedures of Cosmetology and Nail Technology, along with the policies of the SCC Cosmetology Department. In addition, students will receive training in customer relations, professionalism, and working with other students.

Procedures

On the first day of COSM 100, students will designate a preference for one of the course offerings options listed below. In the event that too many students select one of the options, a lottery will be held to fill the class. Students who are not selected will have the opportunity to register for their second preference. This process will continue until all courses have been filled.

Fall COSM 110/COSM 111 day

Fall COSM 110/COSM 111 eve

Fall COSM 150 day

Spring COSM 110/COSM 111 day

Spring COSM 110/COSM 111 eve

Spring COSM 150 day

Transfers

Transfer students from another cosmetology or nail technology program (public or private) must complete COSM 100, then COSM 110 and COSM 111 or COSM 150 with grades of "C" or better. After completion of these courses, the student's records will be evaluated for appropriate course placement by the cosmetology faculty.

Program Costs

Approximately \$1,500.00 is required at the beginning of the semester for textbooks, kit, and uniforms, personal supplies and materials. Students must purchase the required textbooks, kit and uniforms by the first day of class or they will be dropped from the program for that semester. In addition, there will be costs throughout the cosmetology program for uniforms, program materials, and supplies. The kit, textbooks, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance. Students need to apply for financial aid at least one semester prior to the start of the program.

Career Opportunities

Cosmetologists are employed in every community. Many are self-employed, while others are employed in large or small establishments. It is a lucrative field for both men and women. A cosmetologist may specialize as a platform stylist, color or hair cutting specialist, salon owner or manager, educator, State Board Expert Witness, or travel throughout the world working in the cosmetology industry.

Recommended High School Preparation

Art, anatomy, physiology, chemistry, English and math.

Upon completion of this program, the student will be able to:

- apply technical knowledge and skills related to the cosmetology industry.
- analyze situations in the industry business world, by applying basic knowledge and skills in professionalism and salon management.
- demonstrate hair, skin, and nail techniques and procedures that can be used effectively in the salon workplace.
- demonstrate client consultation skills, health and safety procedures, industry professionalism.
- formulate, demonstrate, and complete tasks in preparation for the California State Board of Cosmetology written and practical examination.
- demonstrate proper analysis of industry products for use in various phases of the cosmetology industry.

Required Program	Units
Enrollment Eligibility	Units
COSM 100 Introduction to Cosmetology	2
First full semester	
COSM 110 Related Technical Knowledge of the Basic Fundamental Skills	5
COSM 111 Basic Foundation of Practical Skills	10
Second full semester	
COSM 120 Intermediate Certificate Course Theory	5
COSM 121 Intermediate Certificate Course - Laboratory	10
Third full semester	
COSM 130 Advanced-Certificate Course - Theory	5
COSM 131 Advanced-Certificate Course - Laboratory	10
Total Units Required	47

Associate in Science (A.S.) Degree

The Associate in Science degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See SCC graduation requirements.

Certificate of Achievement

The Certificate of Achievement may be obtained by completion of the required program with grades of “C” or better. The Cosmetology Certificate of Achievement is covered in three semesters requiring attendance in Cosmetology classes for 32.5 hours a week.

**Art and Science of Nail Technology
Certificate of Achievement**

Program Information

This is a one-semester program consisting of the following: beginning, intermediate, and advanced training in the art and science of Nail Technology. Completion of these 500 hours of theoretical and operational requirements will prepare students in meeting the requirements to sit for the California State Examination in Manicuring and will prepare students for employment. The program includes professional image, basic procedures for manicuring including hand and arm massage, basic procedures for pedicure including foot and ankle massage, acrylic nails, nail tips and wraps, gel nails including light and no-light cured, basic electric file techniques, basic airbrushing techniques, nail art and design, customer relations, professionalism, and salon business.

Recommended High School Preparation

Art, anatomy, physiology, chemistry, English, and math.

Program Costs

Approximately \$700.00 is required at the beginning of the semester for textbooks, kit, uniforms, and personal supplies. In addition, there will be costs throughout the semester for program materials and supplies. Students must purchase the required kit and textbooks by the end of the first week of class or they may be dropped from the program for that semester. The student kit, textbooks, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance. Students need to apply for financial aid at least one semester prior to the start of the program.

Completion of COSM 100, with a “C” grade or better is required for all cosmetology courses. A proof of completion form for

COSM 100 will be issued and must be presented on the first day of the next COSM course. In COSM 100, students will be introduced to the field of Cosmetology and Nail Technology (manicuring). The course is designed to give students a clear understanding of the subject matter and procedures of Cosmetology and Nail Technology, along with the policies of the SCC Cosmetology Department. In addition, students will receive training in customer relations, professionalism, and working with other students.

Career Opportunities

The Nail Technology field is one of the fastest growing of the cosmetology industry. This lucrative field employs both men and women, and it provides an opportunity to work for a large or small establishment, as well as being self-employed.

Transfer Students

Transfer students from another cosmetology or nail technology program (public or private) must complete COSM 100. After successful completion of the course, the student’s records will be evaluated for appropriate course placement by the cosmetology faculty.

Upon completion of this program, the student will be able to:

- demonstrate latest manicuring and pedicuring procedures and techniques for the salon workplace.
- adapt skills in nail enhancements to meet industry standards and client need.
- demonstrate technical knowledge and skills relating to implement, equipment, materials and nail cosmetic preparation, use, clean-up, and disposal of hazardous waste.
- demonstrate skills learned in the nail technology program pertaining to client interaction, concentrating on client health and safety, client analysis, and evaluation of products used in all phases of nail technology.
- formulate, demonstrate, and complete tasks in nail technology procedures in preparation for the California State Board of Cosmetology written and practical examination.

Required Course	Units
COSM 100 Introduction to Cosmetology	2
COSM 150 Art and Science of Nail Technology	11
COSM 151 Art and Science of Nail Technology - Lab	5.5
Total Units Required	18.5

Certificate of Achievement

The Certificate of Achievement may be obtained by completion of the required program with grades of “C” or better. The Cosmetology Certificate of Achievement is covered in three semesters requiring attendance in Cosmetology classes for 32.5 hours a week.

Cosmetology (COSM)

COSM 100 Introduction to Cosmetology 2 Units

Prerequisite: None.

Hours: 36 hours LEC

Students will receive training in customer relations and professional behavior and appearance. The course also includes an introduction to the basic skills in Cosmetology course work. A final grade of "C" or better is necessary to move on to COSM 110, 111, and 150.

COSM 110 Related Technical Knowledge of the Basic Fundamental Skills 5 Units

Prerequisite: COSM 100 with a grade of "C" or better

Corequisite: Concurrent enrollment in COSM 111.

Hours: 90 hours LEC

This course provides instruction of technical and theoretical knowledge that directly relates to the basic skills of all phases of Cosmetology. The course material includes Bacteriology, Decontamination, Hairstyling, Haircutting, Hair Structure, Massage, Nail Structure, Nail Disease and Disorders, PH Scale, Permanent Waving, Color Wheel, Hair-Coloring, and Hair Lightening.

COSM 111 Basic Foundation of Practical Skills 10 Units

Prerequisite: COSM 100 with a grade of "C" or better.

Corequisite: Concurrent enrollment in COSM 110.

Hours: 540 hours LAB

This course provides instruction for those persons interested in becoming licensed cosmetologists. Individual instruction is given in practical application of the basic skills learned in COSM 110. Emphasis is placed on basic hair coloring, permanent waving, hair styling, hair cutting, manicuring, facials, and make-up. Also covered in the course are: transferring of basic training to intermediate and advanced levels in hairstyling, shaping, thermal curling, and hair straightening.

COSM 120 Intermediate Certificate Course Theory 5 Units

Prerequisite: COSM 110 and 111 with grades of "C" or better

Corequisite: Concurrent enrollment in COSM 121

Hours: 90 hours LEC

This course provides instruction in theoretical knowledge relating to intermediate and advanced levels in all phases of Cosmetology (anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling).

COSM 121 Intermediate Certificate Course - Laboratory 10 Units

Prerequisite: COSM 100, 110, and 111 with grades of "C" or better.

Corequisite: Concurrent enrollment in COSM 120.

Hours: 540 hours LAB

This course provides instruction in technical knowledge relating to intermediate and advanced levels in all phases of cosmetology (anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling).

COSM 130 Advanced-Certificate Course - 5 Units Theory

Prerequisite: COSM 100, 110, 111, 120 and 121 with grades of "C" or better

Corequisite: Concurrent enrollment in COSM 131

Hours: 90 hours LEC

This course encompasses all areas of the theoretical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

COSM 131 Advanced-Certificate Course - Laboratory 10 Units

Prerequisite: COSM 100, 110, 111, 120, and 121 with grades of "C" or better

Corequisite: Concurrent enrollment in COSM 130

Hours: 540 hours LAB

This course encompasses all areas of the practical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

COSM 140 Supplemental Training 1-5 Units

Prerequisite: COSM 100 with a grade of "C" or better

Hours: 270 hours LAB

This course provides training in current trends in hair styling, advanced hair coloring, and cold waving. It also satisfies the hours and requirements for re-entering and out-of-state candidates who want to apply for a California Cosmetology license.

COSM 141 Skills Building for Cosmetology 3 Units

Prerequisite: COSM 100, 110, 111, 120, 121, 130, and 131 with grades of "C" or better

Hours: 162 hours LAB

This course provides practice in the following salon services: Wet Hairstyling, Thermal Hairstyling, Press and Curl, Perm Waving, Chemical Straightening, Hair Cutting, Hair Coloring, Bleaching, Scalp & Hair Treatment, Manual, Electrical & Chemical facials, Brow Arch & Wax, Make Up, Manicuring, Pedicuring, Nail Wraps, Tips and Repairs. This course also develops problem solving techniques in the services that require chemical treatment.

COSM 150 Art and Science of Nail Technology 11 Units

Prerequisite: COSM 100 with a grade of "C" or better

Corequisite: COSM 151

Hours: 200 hours LEC; 270 hours LAB

This is a one-semester course that provides instruction in technical and theoretical knowledge that directly relates to the beginning, intermediate, and advanced theory training in manicuring. After completion of this theoretical and operational course, students will be eligible to apply for the California State Examination. The course will include theory of professional image, procedures for basic and spa manicuring which include hand and arm massage, procedures for basic and spa pedicure which include foot and leg massage, acrylic nails, nail tip and wraps, gel nails light and no-light cured, basic electric file application, basic airbrushing application, nail art and design, nail salon business and customer service techniques.

COSM 151 Art and Science of Nail Technology - Lab 5.5 Units

Prerequisite: COSM 100 with a grade of "C" or better

Corequisite: COSM 150

Hours: 60 hours LEC; 300 hours LAB

This is a one-semester course offering beginning, intermediate, and advanced training in manicuring. After completion of the COSM 151 operational 300-hour minimum course and the COSM 150 lecture 200-hour minimum course, students will be eligible to apply for the California State Practical Examination in manicuring. The COSM 151 course will include basic procedures for manicuring including hand and arm massage, pedicure including foot and ankle massage, acrylic nail application, nail tip and wrap application, gel nail application light and no-light cured, basic electric file, airbrushing application, nail art/design application, salon marketing and customer service techniques.

COSM 152 Art and Science of Nail Technology - Supplemental Hours 5 Units

Prerequisite: COSM 100, 150, and 151 with grades of "C" or better

Hours: 60 hours LEC; 90 hours LAB

This course is taken to fulfill hours and/or requirements not completed in the COSM 150 and COSM 151 courses. The COSM 152 course will include procedures for manicuring and pedicuring, acrylic nail application, nail tip and wrap application, gel nail application, basic electric file, airbrushing application, nail art/design, salon marketing and customer service techniques that allow students to sit for the California State Board Examination for the manicure license. Formerly COSM 151.

COSM 294 Topics in Cosmetology .5-4 Units

Prerequisite: COSM 100 with a grade of "C" or better

Hours: 216 hours LAB

This course reviews the latest California State Board of Cosmetology Acts, Rules, Regulations, Performance Criteria and the latest cosmetology trends, application and procedures. This course may be taken four times for credit provided there is no duplication of topics.

COSM 295 Independent Studies in Cosmetology 1-3 Units

Prerequisite: None.

Hours: 162 hours LAB

This course reviews the latest trends in the cosmetology industry and latest California State Cosmetology Acts, Rules and Regulations. This course may be taken four times for credit provided there is no duplication of topics.

COSM 299 Experimental Offering in Cosmetology .5-4 Units

Prerequisite: None

Hours: 90 hours LEC

See Experimental Offerings