



**PSYC 310 Biological Psychology 3 Units**

*Prerequisite:* None

*Advisory:* Completion of ENGRD 310 and PSYC 300 with grades of "C" or better.

*General Education:* AA/AS Area IV; CSU Area B2; IGETC Area 5B

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

The primary focus of this course is on the human nervous system and how it functions to affect behavior. This course provides an in-depth examination of brain structure, neural development, neural communication, brain-endocrine interactions, and the specialization of brain function. To supplement the study of brain anatomy, students utilize sheep brains to identify major structures and divisions of the nervous system. Relationships between neural function and perception, movement, cognition, learning and memory, language, rhythms of sleep and activity, emotion, and consciousness are examined. The neural bases of mood, personality disorders, and psychosis are also addressed.

**PSYC 311 Biological Psychology Laboratory 1 Unit**

*Prerequisite:* PSYC 310 with grade of "C" or better or concurrent enrollment in PSYC 310.

*General Education:* AA/AS Area IV; CSU Area B3; IGETC Area 5B

*Course Transferable to UC/CSU*

*Hours:* 54 hours LAB

This course involves the applied study of the nervous system, focusing on its anatomy, physiology, biochemistry, and impact on behavioral and mental processes. This course will provide a foundation in the principles of the scientific method and practical experience in its application to the study of biological psychology. Specific topics include anatomy, physiology, and organization of the nervous system with special emphasis on the brain; anatomy and physiology of the neuron; physiology of nerves and nerve conduction; the biochemistry of the synapse; anatomy and physiology of sensory systems; and psychophysical examination of sensation and perception. Brain dissection procedures, interactive computer simulations, and lab experiments with data collection and analysis will be utilized.

**PSYC 314 Animal Behavior 3 Units**

*Prerequisite:* None

*Advisory:* ANTH 300, BIOL 100, or PSYC 300 with a grade of "C" or better

*General Education:* AA/AS Area IV; CSU Area D9

*Course Transferable to CSU*

*Hours:* 54 hours LEC

This course is designed for anyone who is interested in or has ever lived with and loved animals. Those pursuing careers in psychology, biology, zoology, animal laboratory services, and veterinary technology will find this course interesting and useful. It consists of a broad survey of general topics and current research in the related fields of animal behavior, animal cognition, animal communication, interactions between human and non-human animals, and conservation biology. Topics addressed in this course include: the principles of evolution, history of the relationship between humans and non-humans, communication between humans and other animals; animals as competitors and resources, research animals and bioethics, animals as companions, animals in therapy and service, behavior of wild animals in zoos, and the future prospects for positive interactions between humans and non-human animals. The course is designed to foster a better understanding of non-human animals, nurture a respect for them, and create an ethic that emphasizes a respect for all life.

**PSYC 315 Psychopharmacology 3 Units**

*Prerequisite:* None.

*Advisory:* BIOL 100, PSYC 300, and PSYC 310 with grades of "C" or better.

*General Education:* AA/AS Area IV

*Course Transferable to CSU*

*Hours:* 54 hours LEC

In this course students will explore the native biochemistry of the mammalian brain and the effects of internal and external chemical influences. Historical and contemporary perspectives on the biochemical modification of cognition and behavior will be examined. Core areas of study will include the basic principles of pharmacodynamics, chemical signaling, and neurobehavioral pharmacology. These principles will be applied to understanding the psychopharmacology of various aspects of "normal" cognition and behavior, psychological disorders and their treatment, recreational drug use, enhancement of learning and memory, and brain disease.

**PSYC 316 Cognitive Psychology 3 Units**

*Prerequisite:* PSYC 300 with a grade of "C" or better

*Advisory:* BIOL 100 with a grade of "C" or better

*General Education:* AA/AS Area IV; CSU Area D9; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

The course will present an historical retrospective into the development of the philosophy of science, the scientific method, and early perspectives on learning, memory, and the structure of thought. The course will explore contemporary areas of perception, learning, memory, problem solving, creativity, cognitive development, neuroscience, neuroimaging and general linguistics. Current controversies related to the proposed structure of thought in non-linguistic species will be addressed. Upon completion of this course, students will possess an improved appreciation for the complexity of the brain and the thought processes of humans and other "large-brained" species.

**PSYC 320 Social Psychology 3 Units**

*Prerequisite:* None

*Advisory:* ENGWR 100 or ENGRD 310 with a grade of "C" or better

*General Education:* AA/AS Area V(b); CSU Area D9; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

This course provides students with an initial introduction into the scientific study of how people's feelings, thoughts, and behaviors are influenced by others. Students become familiar with the major domains of social psychology and the relevance of social psychology to daily life. Topics covered include conformity, group processes, mass communication, propaganda, the law, social cognition and perception, aggression, prosocial behavior, prejudice, liking and loving.

**PSYC 335 Research Methods in Psychology 3 Units**

*Prerequisite:* PSYC 300 and STAT 300 with grades of "C" or better; or PSYC 300 with a grade of "C" or better and concurrent enrollment in STAT 300.

*Advisory:* ENGWR 100 and LIBR 318 with grades of "C" or better  
*General Education:* AA/AS Area II(b); CSU Area D9; IGETC Area 4I  
*Course Transferable to UC/CSU*

*Hours:* 36 hours LEC; 54 hours LAB

This course introduces students to the methods and ethics of doing research in the behavioral sciences, specifically psychology, from a theoretical and practical approach. The course covers design and implementation issues of both experimental and non-experimental research, descriptive and inferential statistical analysis, hypothesis testing, and the use of APA writing style. The laboratory projects provide opportunities to research various behavioral science topics of the student's interest and experience "hands-on" data collection, data analysis, results interpretation, and report writing.

**PSYC 340 Abnormal Behavior 3 Units**

*Prerequisite:* PSYC 300 with a grade of "C" or better

*Advisory:* ENGRD 110 and/or ENGWR 50 with a grade of "C" or better, or placement through the assessment process.

*General Education:* AA/AS Area V(b); CSU Area D9; CSU Area E1; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

In this course, students will explore the broad questions of normality and abnormality and investigate specific mental, emotional, and behavioral difficulties. They will learn current approaches to psychological intervention including present community mental health practices. Students will consider the contribution of social, biological and psychological factors to the development and persistence of behavior disorders.

**PSYC 352 Psychology of Peace and Conflict 3 Units**

*Prerequisite:* None.

*Advisory:* ENGRD 110 and ENGWR 50 with grades of "C" or better or ESLW 310 and ESLR 310 with grades of "C" or better

*General Education:* AA/AS Area V(b)

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

This course will include the psychological dynamics that promote peaceful, collaborative actions among people as opposed to conflicted states that support aggressive acts of violence among people. Materials will span from acts of aggression intragroup to the larger escalation of wars between cultures. Also included will be consideration of the apparent aggressive behaviors manifested against the physical environment ranging from defacing public property to the near-destruction of the earth's ecological systems.

**PSYC 353 Psychology of Adjustment 3 Units**

*Prerequisite:* None

*Advisory:* ENGRD 110 and ENGWR 50 with grades of "C" or better

*General Education:* AA/AS Area III(b); CSU Area D9; CSU Area E1  
*Course Transferable to CSU*

*Hours:* 54 hours LEC

In this course, students will explore the core concepts in psychology and apply them to everyday life experiences. The focus of this course will be on self-development and self-awareness, and students will learn how to use psychological concepts to live more fully and productively. Students will also learn to analyze and think critically about psychological theories and research, and they will learn to use these concepts in an informed manner. Topics include stress and coping, substance abuse, psychological disorders and treatment, motivation and emotions, learning and behavioral change, attitudes and values, interpersonal relationships, and lifespan development.

**PSYC 355 Love and Intimacy 2 Units**

*Prerequisite:* None

*Course Transferable to UC/CSU*

*Hours:* 36 hours LEC

This course is an investigation of the human desire for affiliation and affection. Emphasis will be placed on types of love, levels of bonding, differences between love and relationship addiction, and ways in which individuals frustrate their desire for intimacy and/or exit from potentially intimate encounters in life.

**PSYC 356 Human Sexuality 3 Units**

*Prerequisite:* None

*Advisory:* ENGRD 310 or ENGWR 100 with a grade of "C" or better, or placement through the assessment process.

*General Education:* AA/AS Area III(b); CSU Area D9; CSU Area E1; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

This course provides an overview of human sexuality from birth to adulthood. The subject will be examined from a cultural, physiological, sociological, and psychological perspective in order to provide students with a solid base of information about sex and their own sexuality enabling them to make healthy and responsible choices and decisions throughout their lives.

**PSYC 358 Principles of Interpersonal Relations 3 Units**

*Prerequisite:* None

*Advisory:* ENGRD 310 and ENGWR 100 with grades of "C" or better.

*General Education:* AA/AS Area III(b); CSU Area E1

*Course Transferable to CSU*

*Hours:* 54 hours LEC

This course studies the principles involved in effective interpersonal relationships. Topics include interpersonal feedback, self-disclosure, the role of emotions in relationships, the art of listening, and the ability to challenge others toward growth of productivity. The focus of the course will be on concepts useful to the students in his/her face-to-face relationships at home, school, and work.

**PSYC 360 Psychology of Women 3 Units**

*Prerequisite:* None

*Advisory:* ENGRD 310 or ENGWR 100 with a grade of "C" or better, or placement through the assessment process.

*General Education:* AA/AS Area V(b); CSU Area D4; CSU Area D9; CSU Area E1; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

In this course, students will study the psychological effects of society upon women. An emphasis is placed on the interplay between gender and race, ethnicity, class, age, sexual orientation, and physical and mental ability. The course addresses a variety of topics including gender stereotypes and their connections to sexism, gender roles and expectations, biological bases of sex, gender throughout the lifespan, the physical and mental health of women, women and work, and violence against women. The course also emphasizes the importance of critically evaluating theory and research on sex and gender.

**PSYC 363 Psychology of Women in Film 3 Units**

*Prerequisite:* None

*Advisory:* ENGRD 310, ENGWR 100, and PSYC 300 with grades of "C" or better, or placement through the assessment process.

*General Education:* AA/AS Area V(b); CSU Area D4; CSU Area D9; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

From its earliest days, Hollywood has played an important role in shaping and reflecting cultural assumptions and fears. This course examines the assumptions and values that underlay the portrayal of women and the messages that medium conveys about the nature and role of femininity. In addition to viewing a variety of film genres, assignments will include readings from sociology, psychology, linguistics, and critical theory.

**PSYC 364 Psychology of Sexual Orientation 3 Units**

*Prerequisite:* None.

*Advisory:* ENGRD 310 and ENGWR 100, or ESLR 320 and ESLW 320 with grades of "C" or better, or placement through the assessment process.

*General Education:* AA/AS Area V(b)

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

In this course, students will examine topics and research related to lesbian, gay, and bisexual (LGB) individuals. Topics will include causes of sexual orientation, LGB identity development, coming out, prejudice and discrimination against LGB individuals, sexual orientation across the lifespan, LGB relationships, sexuality, religion and spirituality, and physical and mental health issues. In this course, students will also learn about transgendered identities and the intersection of gender identity and sexual orientation. This course will draw from a variety of political, cultural, sociological, philosophical, and psychological perspectives in order to fully understand the influence of sexual orientation on our lives.

**PSYC 367 Psychology of Minorities 3 Units**

*Prerequisite:* None

*Advisory:* ENGWR 50 or ENGRD 310 with a grade of "C" or better or placement through the assessment process."

*General Education:* AA/AS Area V(b); AA/AS Area VI; CSU Area D3; CSU Area D9; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

This course studies the individual and collective impact of minority group status on an individual and group's behavior and mental processes. The psychological issues, concerns, and needs of minority persons are also covered. Minority persons include African-Americans, Asian Americans, Hispanic Americans, Native Americans, gays & lesbians, the elderly, and the disabled. This course is useful for students majoring in psychology, sociology, education, ethnic studies, and the helping/allied professions.

**PSYC 370 Human Development: A Life Span 3 Units**

*Same As:* FCS 324

*Prerequisite:* None.

*Advisory:* ENGWR 100 and ENGRD 110, or ESLW 340 and ESLR 340; and ESL 114 with grades of "C" or better.

*General Education:* AA/AS Area V(b); CSU Area D9; CSU Area E1; IGETC Area 4G; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

Students will study the physical, cognitive, social, and emotional development of humans from conception through the life span. Emphasis will be placed on the theoretical and practical application of developmental principles. Topics include major developmental theories, conception and prenatal development, physical growth, health and development, language, learning, cognitive, and brain development, personality, morality, and emotional development, societal influences on development, and mental health and an introduction to death and bereavement. This is a foundation course for careers in the educational, social, psychological, and medical fields. (Students may receive credit for FCS 324 or PSYC 370, but not both.)

**PSYC 374 Psychology of Aging: Adult Development and Aging 3 Units**

*Same As:* FCS 332 and GERON 302

*Prerequisite:* None.

*Advisory:* (ENGRD 110 and ENGWR 100), OR (ESLR 340 and ESLW 340 and ESL 114), and FCS 324/PSYC 370, and LIBR 318 with grades of "C" or better

*General Education:* AA/AS Area III(b); CSU Area D9; CSU Area E1; IGETC Area ; IGETC Area 4I

*Course Transferable to UC/CSU*

*Hours:* 54 hours LEC

Students will explore the description and explanation of the evolution of adult behavior over the life span. Topics include theoretical as well as practical approaches to understanding aging in terms of physical, cognitive, and socio-emotional development such as: the study of the nature and changes of capabilities, skills, feelings, emotions, and social behavior with age, aging stereotypes, social bonds, environmental factors, sexuality, physical health, mental health, death, and bereavement. (Credit for FCS 332 or PSYC 374 or GERON 302.)

**PSYC 376 Personality 3 Units**

*Prerequisite: None*

*Advisory: ENGRD 310 and ENGWR 100 with grades of "C" or better and PSYC 300 or PSYC 353 with a grade of "C" or better.*

*General Education: AA/AS Area V(b); CSU Area D9; IGETC Area 4I*

*Course Transferable to UC/CSU*

*Hours: 54 hours LEC*

This course is a study of major contemporary approaches to personality development. The emphasis will be on psychological health rather than illness, increasing self-awareness, the individual's interaction within the family, the community, and the larger society. Personality development in cross-cultural environments will be explored.

**PSYC 390 Psychology of Death and Dying 3 Units**

*Prerequisite: None*

*Advisory: ENGRD 110 and ENGWR 50 with grades of "C" or better*

*General Education: AA/AS Area V(b); AA/AS Area III(b); CSU Area D9; CSU Area E1; IGETC Area 4I*

*Course Transferable to UC/CSU*

*Hours: 54 hours LEC*

This course is an investigation of beliefs, attitudes, anxieties and behaviors associated with dying and death. Included will be materials relevant to suicide, life-threatening illnesses, bereavement, euthanasia, and various philosophical views on the phenomenon of death.

**PSYC 392 Loss and Grief 2 Units**

*Prerequisite: None*

*General Education: AA/AS Area III(b); CSU Area D9; CSU Area E1*

*Course Transferable to CSU*

*Hours: 36 hours LEC*

This course will explore the causes of grief reactions and the dynamics of bereavement. Expressions of normal grief will be compared with pathological reactions, and suggested interventions for resolving grief reactions will be addressed. Techniques for the resolution of loss and coping strategies will be presented.

**PSYC 405 Substance Abuse: Effects on Body and Behavior 3 Units**

*Same As: ADMJ 303*

*Prerequisite: None*

*Advisory: ENGRD 310 with grade of "C" or better.*

*General Education: AA/AS Area V(b); AA/AS Area III(b); CSU Area D9*

*Course Transferable to UC/CSU*

*Hours: 54 hours LEC*

This course is designed for anyone who is interested in the effect illegal drugs, prescription drugs, over the counter drugs, vitamins, health foods, and coffee and nicotine have on people, physically, emotionally, mentally, and financially. This course is especially advised for people who are seeking or working in careers in health, law enforcement, counseling, psychology, business, social services, or teaching. (Credit for ADMJ 303 or PSYC 405, but not both.)

**PSYC 410 Psychology of Creativity, Intuition and Problem Solving 3 Units**

*Prerequisite: None*

*Advisory: ENGRD 110, ENGWR 50, and PSYC 300 with grades of "C" or better, or placement through the assessment process.*

*General Education: AA/AS Area III(b); CSU Area E1*

*Course Transferable to CSU*

*Hours: 54 hours LEC*

This is a course designed to encourage problem solving, intuition, and personal expression in a supportive group atmosphere. It will feature creative movement, writing, art, music, relaxation, and creative visualization.

**PSYC 412 The Heroic Journey 2 Units**

*Prerequisite: None*

*Advisory: ENGRD 110 or ENGWR 50 with grades of "C" or better*

*Course Transferable to CSU*

*Hours: 36 hours LEC*

Using ideas from LaoTzu, Campbell, Jung, Pearson, Bolen, et al., the course will promote an understanding of the heroic journey of everyday people. The functions, processes, and totems of archetypal station of the Tao of life such as juggler, jester, altruist, warrior, wanderer, etc. will be shared. The heroic journey will be viewed as metaphor for psychological wounding and healing, fragmentation and individuation, and for joining with other sentient beings in the processes of becoming whole.

**PSYC 480 Honors General Principles 3 Units**

*Prerequisite: ENGWR 100 with a grade of "C" or better; or placement through the assessment process.*

*Advisory: LIBR 318 with a grade of "C" or better.*

*General Education: AA/AS Area V(b); CSU Area D9; IGETC Area 4I*

*Enrollment Limitation: Eligibility for the Honors Program.*

*Course Transferable to UC/CSU*

*Hours: 54 hours LEC*

This course is an introduction to the major areas in the field of psychology. Topics to be covered include physiological processes, learning, cognition, development, personality, psychological disorders, therapy, social psychology, and research methodologies in psychology. These topics will be discussed from a variety of classical and contemporary psychological perspectives. Critical thinking and application of concepts will be an integral part of the course. There will be oral and written assignments as well as experiential activities in the course. This Honors section uses an intensive pedagogical approach designed to allow motivated students to develop critical thinking skills, skills of oral and written expression, proficiency in library and Internet-based research, and creativity. Pedagogical strategies used in this course include student-led group discussion, oral and written presentations, extensive reading, exposure to theory and research in the field, and various activities and demonstrations.

**PSYC 489    Topics in Psychology -    .5-4 Units  
Honors**

*Prerequisite: ENGWR 100 with a grade of "C" or better; or placement through the assessment process.*

*Enrollment Limitation: Eligibility for the Honors program.*

*Course Transferable to UC/CSU; UC Transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted toward the minimum 60 units required for admissions.*

*Hours: 72 hours LEC*

This course is structured around the concepts of critical thinking, which will then be employed to guide our understanding of contemporary issues in the field. Issues with resonance for contemporary psychologists will be introduced by the students to serve as a focal point for discussion. The course will address issues from a range of perspectives, including biological, sociocultural, and psychodynamic. This honors section uses an intensive instructional methodology designed to challenge motivated students.

**PSYC 494    Topics in Psychology    .5-4 Units**

*Prerequisite: None*

*Course Transferable to UC/CSU; UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions.*

*Hours: 54 hours LEC*

This course is designed to examine current issues or specific topics concerning psychology. Particular subjects to be covered each semester will be determined by the psychology staff. This course may be taken three times for credit; specific topics may not be repeated.

**PSYC 495    Independent Studies in    1-3 Units  
Psychology**

*Prerequisite: None*

*Course Transferable to UC/CSU; UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions.*

*Hours: 54 hours LEC*

See Independent Studies.

**PSYC 499    Experimental Offering in    .5-4 Units  
Psychology**

*Prerequisite: None*

*Course Transferable to UC/CSU; UC Transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted toward the minimum 60 units required for admissions.*

*Hours: 54 hours LEC*

See Experimental Offerings