

**Cosmetology****COSM****Degree:**

A.S. – Cosmetology

**Certificates of Achievement:**Art and Science of Nail Technology  
Cosmetology**Division of Advanced Technology**Donnetta Webb, Dean  
Technology 106  
916-558-2491**Art and Science of Nail Technology****Certificate of Achievement****Program Information**

This program consists of the following: beginning, intermediate, and advanced training in the art and science of nail technology. Completion of these 500 hours of theoretical and operational requirements will prepare students to meet the requirements to sit for the California State Examination in Manicuring, and will prepare students for employment. The program includes professional image, basic procedures for manicuring including hand and arm massage, basic procedures for pedicure including foot and ankle massage, acrylic nails, nail tips and wraps, gel nails including light and no-light cured, basic electric file techniques, basic airbrushing techniques, nail art and design, customer relations, professionalism, and salon business.

**Recommended High School Preparation**

Art, anatomy, physiology, chemistry, English, and math

**Program Costs**

Approximately \$700.00 is required at the beginning of the semester for textbooks, kit, uniforms, and personal supplies. In addition, there will be costs throughout the semester for program materials and supplies. Students must purchase the required kit and textbooks by the end of the first week of class or they may be dropped from the program for that semester. The student kit, textbooks, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance. Students need to apply for financial aid at least one semester prior to the start of the program.

**Enrollment Eligibility**

To be eligible for enrollment in the program, the student must meet the following criteria: Have completed COSM 100 with a grade of “C” or better.

Completion of COSM 100 with a grade of “C” or better is required within a two year period prior to the beginning of the cosmetology and nail technology (manicure) courses. A proof of completion form for COSM 100 will be issued and must be presented on the first day of the next COSM course. In COSM 100, students will be introduced to the field of Cosmetology and Nail Technology (manicuring). The course is designed to give students a clear understanding of the subject matter and procedures of Cosmetology and Nail Technology, along with the policies of the SCC Cosmetology Department. In addition, students will receive training in customer relations, professionalism, and working with other students.

**Enrollment Process**

Eligible students are selected for the program according to the following steps: By lottery on the last day of the COSM 100 class.

**Career Opportunities**

The nail technology field is one of the fastest growing of the cosmetology industry. This lucrative field employs both men and women, and it provides an opportunity to work for a large or small establishment, as well as being self-employed.

**Gainful Employment**

For more information about program costs, graduation rates, median debt of program graduates, and other important information regarding gainful employment, please visit: <http://www.losrios.edu/gainful-emp-info/gedt.php?major=051357C01>

**Transfer Students**

Transfer students from another cosmetology or nail technology programs (public or private) must complete COSM 100. After successful completion of the course, the student's records will be evaluated for appropriate course placement by the cosmetology faculty.

**Upon completion of this program, the student will be able to:**

- demonstrate the latest manicuring and pedicuring procedures and techniques for the salon workplace.
- adapt skills in nail enhancements to meet industry standards and client need.
- demonstrate technical knowledge and skills relating to implements, equipment, and materials; nail cosmetic preparation; clean-up, and disposal of hazardous waste.
- demonstrate skills learned in the nail technology program pertaining to client interaction, concentrating on client health and safety, client analysis, and evaluation of products used in all phases of nail technology.
- formulate, demonstrate, and complete tasks in nail technology procedures in preparation for the California State Board of Cosmetology written and practical examination.

**Required Course**

COSM 100 Introduction to Cosmetology .....	2
COSM 150 Art and Science of Nail Technology .....	11
COSM 151 Art and Science of Nail Technology – Lab .....	5.5

**Total Units Required****18.5****Certificate of Achievement**

The Certificate of Achievement may be obtained by completion of the required program with grades of “C” or better. The Cosmetology Certificate of Achievement is covered in three semesters requiring attendance in Cosmetology classes for 32.5 hours a week.

**Cosmetology****Associate in Science Degree****Certificate of Achievement****Program Information**

The course of study for Cosmetology is approved by the Board of Barbering and Cosmetology. It is designed to train students to become cosmetologists and, at the same time, students may earn an Associate of Science Degree. The program requires 1600 hours of training in cosmetology and completing a minimum number of operations in order to prepare students in meeting the requirements to sit for the California State Examination for the cosmetology license. The training includes permanent waving, manicuring, hair styling and hair cutting, hair coloring, facial procedures, customer relations, professionalism, and salon business.

Completion of COSM 100 with a grade of “C” or better is required within a two year period, before beginning of the cosmetology and nail technology (manicure) courses. A proof of completion form for COSM 100 will be issued upon successful completion of the course and must be presented on the first day of the next COSM course. In COSM 100, students will be introduced to the field of Cosmetology and Nail Technology (manicuring). The course is designed to give students a clear understanding of the subject matter and procedures of Cosmetology and Nail Technology, along with the policies of the SCC Cosmetology Department. In addition, students will receive training in customer relations, professionalism, and working with other students.

**Procedures**

On the first day of COSM 100, students will designate a preference for one of the course offerings options listed below. In the event that too many students select one of the options, a lottery will be held to fill the class. Students who are not selected will have the opportunity to register for their second preference. This process will continue until all courses have been filled.

- Fall COSM 110/COSM 111 day
- Fall COSM 110/COSM 111 eve
- Fall COSM 150 day
- Spring COSM 110/COSM 111 day
- Spring COSM 110/COSM 111 eve
- Spring COSM 150 day

**Transfers**

Transfer students from another cosmetology or nail technology program (public or private) must complete COSM 100, then COSM 110 and COSM 111 or COSM 150 and COSM 151 with grades of "C" or better. After completion of these courses, the student's records will be evaluated for appropriate course placement by the cosmetology faculty.

**Program Costs**

Approximately \$2,000.00 is required at the beginning of the semester for textbooks, kit, and uniforms, personal supplies and materials. Students must purchase the required textbooks, kit and uniforms by the first day of class or they will be dropped from the program for that semester. In addition, there will be costs throughout the cosmetology program for uniforms, program materials, and supplies. The kit, textbooks, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance. Students need to apply for financial aid at least one semester prior to the start of the program.

**Career Opportunities**

Cosmetologists are employed in every community. Many are self-employed, while others are employed in large or small establishments. It is a lucrative field for both men and women. A cosmetologist may specialize as a platform stylist, color or hair cutting specialist, salon owner or manager, educator, State Board Expert Witness, or travel throughout the world working in the cosmetology industry.

**Gainful Employment**

For more information about program costs, graduation rates, median debt of program graduates, and other important information regarding gainful employment, please visit: <http://www.losrios.edu/gainful-emp-info/gedt.php?major=051082C01>

**Recommended High School Preparation**

Art, anatomy, physiology, chemistry, English and math.

**Upon completion of this program, the student will be able to:**

- apply technical knowledge and skills related to the cosmetology industry.
- analyze situations in the industry business world, by applying basic knowledge and skills in professionalism and salon management.
- demonstrate hair, skin, and nail techniques and procedures that can be used effectively in the salon workplace.
- demonstrate client consultation skills, health and safety procedures, and industry professionalism.
- formulate, demonstrate, and complete tasks in preparation for the California State Board of Cosmetology written and practical examination.
- demonstrate proper analysis of industry products for use in various phases of the cosmetology industry.

**Required Program****Units****Prerequisite Course**

COSM 100 Introduction to Cosmetology..... 2

**First full semester**

COSM 110 Related Technical Knowledge of the  
Basic Fundamental Skills ..... 5  
COSM 111 Basic Foundation of Practical Skills..... 10

**Second full semester**

COSM 120 Intermediate Certificate Course Theory..... 5  
COSM 121 Intermediate Certificate Course – Laboratory ..... 10

**Third full semester**

COSM 130 Advanced-Certificate Course – Theory..... 5  
COSM 131 Advanced-Certificate Course – Laboratory ..... 10

**Total Units Required****47****Associate in Science (A.S.) Degree**

The Associate in Science degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See SCC graduation requirements.

**Certificate of Achievement**

The Certificate of Achievement may be obtained by completion of the required program with grades of "C" or better. The Cosmetology Certificate of Achievement is covered in three semesters requiring attendance in Cosmetology classes for 32.5 hours a week.

## Cosmetology (COSM)

**COSM 100 Introduction to Cosmetology 2 Units**

*Prerequisite: None.*

*Hours: 36 hours LEC*

Students will receive training in customer relations and professional behavior and appearance. The course also includes an introduction to the basic skills in Cosmetology course work. A final grade of "C" or better is necessary to move on to COSM 110, 111, 120, 121, 130, 131, 140, 150, 151, 152, and 294.

**COSM 110 Related Technical Knowledge of the Basic Fundamental Skills 5 Units**

*Prerequisite: COSM 100 with a grade of "C" or better*

*Corequisite: Concurrent enrollment in COSM 111.*

*Enrollment Limitation: California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) Is not less than 17 years of age, (b) Has completed the 10th grade in the public schools of this state or its equivalent.*

*Hours: 90 hours LEC*

This course provides instruction in technical and theoretical knowledge that directly relates to the basic skills of all phases of cosmetology. The course material includes bacteriology, decontamination, hairstyling, haircutting, hair structure, massage, nail structure, nail disease and disorders, PH scale, permanent waving, color wheel, hair-coloring, and hair lightening.

**COSM 111 Basic Foundation of Practical Skills 10 Units**

*Prerequisite:* COSM 100 with a grade of "C" or better.

*Corequisite:* Concurrent enrollment in COSM 110.

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 540 hours LAB

This course provides instruction for those persons interested in becoming licensed cosmetologists. Individual instruction is given in practical application of the basic skills learned in COSM 110. Emphasis is placed on basic hair coloring, permanent waving, hair styling, hair cutting, manicuring, facials, and make-up. Also covered in the course are: transferring of basic training to intermediate and advanced levels in hairstyling, shaping, thermal curling, and hair straightening.

**COSM 120 Intermediate Certificate Course Theory 5 Units**

*Prerequisite:* COSM 100 with a grade of "C" or better

*Corequisite:* Concurrent enrollment in COSM 121

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 90 hours LEC

This course provides instruction in theoretical knowledge relating to intermediate and advanced levels in all phases of cosmetology: anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling.

**COSM 121 Intermediate Certificate Course – Laboratory 10 Units**

*Prerequisite:* COSM 100, 110, and 111 with grades of "C" or better.

*Corequisite:* Concurrent enrollment in COSM 120.

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 540 hours LAB

This course provides instruction and technical knowledge relating to intermediate and advanced levels in all phases of cosmetology including anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling.

**COSM 130 Advanced-Certificate Course – Theory 5 Units**

*Prerequisite:* COSM 100, 110, 111, 120 and 121 with grades of "C" or better

*Corequisite:* Concurrent enrollment in COSM 131

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 90 hours LEC

This course encompasses all areas of the theoretical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

**COSM 131 Advanced-Certificate Course – Laboratory 10 Units**

*Prerequisite:* COSM 100, 110, 111, 120, and 121 with grades of "C" or better

*Corequisite:* Concurrent enrollment in COSM 130

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 540 hours LAB

This course encompasses all areas of the practical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

**COSM 140 Supplemental Training 1-5 Units**

*Prerequisite:* COSM 100 with a grade of "C" or better

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 270 hours LAB

This course satisfies the hours and requirements not completed by the student in the COSM 130 and/or COSM 131 course, who want to apply for the Sacramento City College Certificate of Achievement and a California State Board of Cosmetology License.

**COSM 141 Skills Building for Cosmetology 3 Units**

*Prerequisite:* COSM 100, 110, 111, 120, 121, 130, and 131 with grades of "C" or better

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 162 hours LAB

This course satisfies the hours and requirements not completed by the student in the COSM 130 and COSM 131 course, who want to apply for the Sacramento City College Certificate of Achievement and a California State Board of Cosmetology License.

**COSM 150 Art and Science of Nail Technology 11 Units**

*Prerequisite:* COSM 100 with a grade of "C" or better

*Corequisite:* COSM 151

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 200 hours LEC

This one-semester course provides instruction in technical and theoretical knowledge that directly relates to the beginning, intermediate, and advanced theory and practical training in manicuring and pedicuring. After completion of this course students will be eligible to apply for the California State Board Manicure Examination. The course will include theory of professional image, theory in procedures for basic and spa manicuring and pedicuring treatments, acrylic nail application, nail tip and wrap application, gel nail light and no-light cured application, electric file application, basic airbrushing application, nail art and design, nail salon business, and customer service techniques.

**COSM 151     Art and Science of                     5.5 Units**  
**Nail Technology – Lab**

*Prerequisite:* COSM 100 with a grade of "C" or better

*Corequisite:* COSM 150

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 300 hours LAB

This one-semester course provides instruction in technical knowledge that directly relates to the beginning, intermediate, and advanced practical training in manicuring and pedicuring. After completion of this course, students will be eligible to apply for the California State Board Manicure Examination. The course will include procedures for basic and spa manicuring and pedicuring treatments, acrylic nail application, nail tip and wrap application, gel nail light and no-light cured application, electric file application, basic airbrushing application, nail art and design, nail salon business, and customer service techniques.

**COSM 152     Art and Science of                     1-5 Units**  
**Nail Technology –**  
**Supplemental Hours**

*Prerequisite:* COSM 150 and 151 with grades of "C" or better

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 60 hours LEC; 270 hours LAB

This course satisfies the hours and requirements not completed by the student in the COSM 150 and/or COSM 151 course, who want to apply for the Sacramento City College Career Certificate and/or a California State Board of Manicure License.

**COSM 294     Topics in Cosmetology                     .5-4 Units**

*Prerequisite:* COSM 100 with a grade of "C" or better

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 216 hours LAB

This course reviews the California State Board of Cosmetology Act, rules and regulations for licensing and establishments, the performance criteria for the written and practical licensing exams, and the latest industry trends, application and procedures.

**COSM 295     Independent Studies in                     1-3 Units**  
**Cosmetology**

*Prerequisite:* None.

*Enrollment Limitation:* California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.

*Hours:* 162 hours LAB

This course reviews the latest trends in the cosmetology industry and the latest California State Cosmetology Act rules and regulations pertaining to licensing and establishment requirements.

**COSM 299     Experimental Offering in                     .5-4 Units**  
**Cosmetology**

*Prerequisite:* None

*Hours:* 90 hours LEC

See Experimental Offerings