

# Family and Consumer Science

# FCS

**Degree:**

A.A. – Family and Consumer Science

**Division of Behavioral and Social Science**

**Kasey Gardner, Dean**

**Rodda Hall North, room 226**

**916-558-2401**

## Family and Consumer Science

### Associate in Arts Degree

**Program Information**

The Family and Consumer Science Associate in Arts Degree is designed to provide an occupational program of study for students interested in pursuing careers related to Child Development, Early Childhood Education, Family Studies, Fashion, Food Preparation, Interior Design, Gerontology, Life Management, or Nutrition. Courses within the curriculum provide course work to meet state licensing requirements to work with individuals across the age span and provide part of the undergraduate requirements necessary for students wishing to transfer to a four-year institution. Selected courses provide students with lifelong learning skills. Students with Associate in Arts degrees in Family and Consumer Science will have studied the relationship between the physical, social, emotional, and intellectual environment in and of the home and family and the development of individuals, including instruction in the natural and social sciences and humanities in the development of attitudes, knowledge, and ability pertaining to programs in fashion, interior design, life management, child development, family studies, and gerontology, and nutrition, foods, and culinary arts.

**Transfer Students**

Students who plan to complete the Bachelor’s degree in Family and Consumer Science or related fields at four-year institutions should consult the Requirements of Transfer Institutions section of this catalog and the related major sections of the catalog for the institution to which they wish to transfer. Consultation with the Family and Consumer Science faculty and with counselors is advised.

**Career Opportunities**

Opportunities for students with an Associate in Arts Degree in Family and Consumer Sciences would include: Child Development/Resource and Referral Specialist, Early Intervention Assistant, Para-educator, Family Support Service Worker, Community Activity Planner, Community Services Worker, Recreation Specialist, Senior Supportive Services, Human Services Worker, Social Work Assistant, Family Services Worker, Life Skills Counselor, Community Support Worker, Mental Health Aide, Registry Coordinator, and Intergenerational Care Provider. By careful selection of required and elective courses, students can develop a broad major or prepare themselves for advanced study leading to such careers as: Dietitian, Foods Consultant, Market Consultant, Clothing Designer, Family and Consumer Science Educator, Public Utility Field Representative, Interior Designer, Extension Service Advisor, Educator in Child Development and Family Relations, Consultant in Consumer Economics, Researcher in Textiles, Foods, Child Development, and Gerontology.

**Upon completion of this program, the student will be able to:**

- integrate knowledge across a wide range of contexts in the area of Family and Consumer Science.
- locate, evaluate, and use information effectively.
- write with precision and clarity to express complex thought.

- read college-level materials with understanding and insight.
- maintain and transfer academic and technical skills to workplace.
- be life-long learners.
- demonstrate understanding of and tolerance for ethnic, religious, gender, age, and socioeconomic diversity.
- research and evaluate current trends related to content areas.

**Required Program**

**Units**

ECE 322 Promoting Children’s Social Competence .....	3
FASHN 310 Fashion Analysis/Clothing Selection .....	3
FASHN 320 Textiles .....	3
FASHN 351 Applied Apparel Studies / Intermediate Principles of Construction .....	3
FCS 320 Marriage and the Family (3) .....	3
or SOC 310 Marriage and the Family (3)	
GERON 300 Sociology of Aging (3) .....	3
or SOC 335 Sociology of Aging (3)	
GERON 302 Psychology of Aging: Adult Development and Aging (3) .....	3
or PSYC 374 Psychology of Aging: Adult Development and Aging (3)	
NUTRI 300 Nutrition (3) .....	3
or NUTRI 480 Nutrition Honors (3)	
NUTRI 330 Food Theory and Preparation (4) .....	4
ECE 314 The Child, the Family and the Community (3) .....	3

**Total Units Required**

**31**

**Suggested Electives**

ECE 415, FCS 324, SOC 380, SOC 382

**Associate in Arts (A.A.) Degree**

The Associate in Arts degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See SCC graduation requirements.

## Family and Consumer Science (FCS)

**FCS 294                      Topics in Family and                      .5-4 Units**  
**Consumer Science**

*Prerequisite: None.*

*Hours: 72 hours LEC*

This course is designed to give the students an opportunity to study topics in Family and Consumer Science that are consumer or job oriented and not included in current course offerings. Topic courses may be taken 1 time for credit.

**FCS 295                      Independent Studies in Family                      1-3 Units**  
**and Consumer Science**

*Prerequisite: None.*

*Hours: 162 hours LAB*

This is an independent studies course in Family and Consumer Sciences. Related projects will be assigned under the supervision of a Family and Consumer Sciences faculty member.

**FCS 320 Marriage and the Family 3 Units**

Same As: SOC 310

Prerequisite: None.

Advisory: ENGWR 101 and ENGRD 110, or ESLW 340 and ESLR 340, with grades of "C" or better. LIBR 318 with grade of "C" or better.

General Education: AA/AS Area V(b); AA/AS Area III(b); CSU Area D7; CSU Area E1; IGETC Area 4G

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course examines the social, psychological, historical, and economic factors relating to changing family, courtship, marriage, and partnership patterns. This course will include examination and analysis of social constructions of childhood, adolescence, and early, middle, and late adulthood. Exploration of changing gender roles, courtship patterns, and parenting will also be included. Emphasis will be placed on diversity of families and family forms. (Credit may be awarded for either SOC 310 or FCS 320 but not both.) (C-ID SOCI 130)

**FCS 324 Human Development: A Life Span 3 Units**

Same As: PSYC 370

Prerequisite: None.

Advisory: ENGWR 101 and ENGRD 110, or ESLW 340 and ESLR 340; and ESL 114 with grades of "C" or better.

General Education: AA/AS Area V(b); AA/AS Area III(b); CSU Area D9; CSU Area E1; IGETC Area 4

Course Transferable to UC/CSU

Hours: 54 hours LEC

Students will study the physical, cognitive, social, and emotional development of humans from conception through the life span. Emphasis will be placed on the theoretical and practical application of developmental principles including atypical aspects of development. Major developmental theories concerning life span development will be studied. Topics from conception to death will be presented including: conception, prenatal development, including prenatal developmental complications, physical, cognitive, social, emotional developmental, and developmental issues. Included in these broad developmental areas are learning, brain development, personality, morality, and societal influences on development. Atypical development and challenges to optimal development will be included. The course also examines end of life issues and bereavement. This is a foundational course for careers in the educational, social, psychological, and medical fields. Students may receive credit for FCS 324 or PSYC 370, but not both. (C-ID PSY 180)

**FCS 495 Independent Studies in Family and Consumer Science 1-3 Units**

Prerequisite: None.

Course Transferable to CSU

Hours: 162 hours LAB

Independent Studies in Family and Consumer Education offers students the opportunity to explore topics and interests that are not available through a current semester's regular course offerings. Students must have a faculty member willing to support and evaluate the student's progress towards the student's learning objectives. UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions.

**FCS 499 Experimental Offering in Family and Consumer Science .5-4 Units**

Prerequisite: None

Course Transferable to UC/CSU

Hours: 72 hours LEC

See Experimental Offering. UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions.