

Division of Counseling and Student Success  
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 Rodda Hall North, room 111  
 916-558-2289

**Human Career Development (HCD)**

**HCD 83 Diagnostic Learning in English 2 Units**

*Prerequisite: None.*

*Hours: 18 hours LEC; 54 hours LAB*

This is an intensive individualized course offering learning strategies and instructional intervention for students who have difficulty learning English concepts despite traditional methods of instruction. This course is designed and monitored by the Learning Disabilities Program instructor to develop the perceptual skills needed to improve reading, writing, and spelling.

**HCD 84 Advanced Diagnostic Learning in English 2 Units**

*Prerequisite: HCD 83 with a grade of "C" or better*

*Hours: 18 hours LEC; 54 hours LAB*

This course is designed for students who have trouble learning English concepts with traditional modes of instruction. It builds on the content of HCD 83 by further developing students' perceptual skills to improve reading, writing and spelling.

**HCD 85 Diagnostic Learning in Mathematics 2 Units**

*Prerequisite: None.*

*Hours: 18 hours LEC; 54 hours LAB*

This course is designed for students with disabilities who have difficulty learning mathematics through traditional modes of instruction. The emphasis is on assisting students with learning disabilities to prepare for college-level mathematics. It offers individualized, self-paced instruction based upon students' current skills and educational goals.

**HCD 86 Basic Math Strategies 2 Units**

*Prerequisite: None.*

*Corequisite: MATH 28 or 34*

*Hours: 18 hours LEC; 54 hours LAB*

This course will cover study strategies for students with learning disabilities, who have difficulty in MATH 28 or MATH 34.

**HCD 88 Study Strategies 1 Unit**

*Prerequisite: None.*

*Hours: 9 hours LEC; 27 hours LAB*

This course will provide non-traditional instructional support for students with disabilities who are enrolled in other college courses. HCD 88 will be graded on a credit/no credit basis.

**HCD 110 Building Foundations for Success 3 Units**

*Prerequisite: None.*

*General Education: AA/AS Area III(b)*

*Hours: 54 hours LEC*

This course provides success strategies and support services to entry level students. The strategies and support services are threaded through three critical areas that enhance student success: academic skills, personal life management, and educational navigation. An optional field trip(s) may be included.

**HCD 114 Human Potential Seminar 2 Units**

*Prerequisite: None.*

*Hours: 36 hours LEC*

This course provides an in-depth examination of techniques to be used in enhancing one's chances for success in college. It is designed to meet the needs of students who are experiencing difficulty in achieving their goals in higher education. Course topics include: motivation, goal setting, communication skills, time management, exam preparation, note taking, and reading college textbooks. This course is designed to assist students to become better prepared for the expectations of college and for those who seek to improve their academic standing.

**HCD 116 Orientation to College .5-1 Units**

*Prerequisite: None.*

*Hours: 18 hours LEC; 6 hours LAB*

This course is designed to introduce the student to college resources, programs, and services. Topics covered include short-term goal setting, motivation, time management, skill and interest assessment, educational alternatives, college requirements, and procedures. A field trip may be required.

**HCD 118 College Readiness – Success Academy 3 Units**

*Prerequisite: None.*

*Enrollment Limitation: Instructor consent required for enrollment.*

*Hours: 54 hours LEC*

This course provides students with an introduction to student learning expectations and the outcomes of higher education. The course will introduce students to strategies for graduating from community college and university systems by exploring four central themes: (1) Academic Success, (2) Community, (3) Transition, and (4) Safety and Wellness. Success strategies and support services are integrated through the course in the following areas: team building activities, student and faculty mentoring, academic skills, personal life management, and educational navigation.

**HCD 138 MESA/CCCP Orientation 1 Unit**

*Prerequisite: None.*

*Hours: 18 hours LEC; 6 hours LAB*

This course is designed to assist MESA students in obtaining the knowledge and skills necessary to reach their educational objectives in engineering, mathematics, and science related fields. Topics to be covered include: decision making on careers, education and personal enrichment, study skills and habits, time management, academic preparation, career ladders, building of self-confidence, and educational and career success strategies. A field trip may be offered.

**HCD 299 Experimental Offering in Human Career Development .5-4 Units**

*Prerequisite: None*  
*Hours: 90 hours LEC*  
 See Experimental Offerings

**HCD 302 The Puente Project 1 Unit**

*Prerequisite: None.*  
*Enrollment Limitation: Students must meet eligibility requirements for the Puente Program and be admitted to the Puente Program via Instructor consent.*  
*Course Transferable to UC/CSU*  
*Hours: 18 hours LEC*

This course is designed to assist under-represented, motivated students by promoting transfer, student success, and community leadership and is open to all students. Topics in this course include time management, graduation and transfer requirements, campus and community resources, creating a personal statement, and developing mentor relationships. Field trips and activities outside of class may be required.

**HCD 310 College Success 3 Units**

*Prerequisite: None.*  
*Advisory: ENGRD 110 and ENGWR 101 or ESLR 320 and ESLW 320 with grades of "C" or better.*  
*General Education: AA/AS Area III(b); CSU Area E1*  
*Course Transferable to UC/CSU*  
*Hours: 54 hours LEC*

This course provides students with an introduction to student learning expectations and the outcomes of higher education. Through exposure, exploration, and application of intellectual, social, cultural, and psychological principles students will obtain the skills necessary to reach their educational objectives and prepare them for the challenges of the educational curriculum required to be successful in higher education. Students will expand their knowledge and personal awareness in regard to academic motivation, self-discipline, career exploration, and personal responsibility. Strategies will include an introduction to critical thinking in an academic setting, effective communication skills, goal setting techniques, and study skills. College resources and information competency will also be covered. It is highly recommended for new, continuing, and returning students. The course may be offered for specific populations. An optional field trip may be included.

**HCD 312 Guidance for U.S. Newcomers 3 Units**

*Prerequisite: None.*  
*General Education: AA/AS Area III(b).*  
*Course Transferable to CSU*  
*Hours: 54 hours LEC*

This course will introduce U.S. newcomers to cross-cultural issues and college expectations. Topics may include concepts on cultural adjustment while addressing study skill methods necessary for success in a U.S. college environment. Student rights and responsibilities, and student support services will be covered. Information obtained through general education requirements will assist in the development of a student educational planner. Optional field trips may be included.

**HCD 318 Transfer: Making It Happen 2 Units**

*Prerequisite: None.*  
*Course Transferable to UC/CSU*  
*Hours: 36 hours LEC*

This course will introduce community college students to strategies for successful transfer and eventual graduation from four-year colleges or universities. College research, application process, transfer resources, general education breadth and major requirements, and differentiation between college selection and majors will be examined. Self-assessment of values, interests, and well-being will be included. Current transfer trends and issues will also be addressed. Optional field trips may be included.

**HCD 330 Life and Career Planning 1 Unit**

*Prerequisite: None.*  
*Advisory: ENGRD 11 and ENGWR 51 or ESLR 310 and ESLW 310 with a grade of "C" or better.*  
*General Education: AA/AS Area III(b).*  
*Course Transferable to CSU*  
*Hours: 18 hours LEC*

This course offers a holistic approach to life and career planning based on extensive measurement of interests, aptitudes, skills, values, personality, and life and personal circumstances. Personal and career goals will be formulated using career research and decision-making strategies.

**HCD 495 Independent Studies in Human Career Development 1-3 Units**

*Prerequisite: None.*  
*Course Transferable to CSU*  
*Hours: 162 hours LAB*

This is an Independent Studies course that involves an individual student or small group of students in study, research, or activities beyond the scope of regular courses, pursuant to an agreement among the college, faculty member and student(s). UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions. See the current catalog under "Independent Studies" for more details.

**HCD 499 Experimental Offering in Human Career Development .5-4 Units**

*Prerequisite: None*  
*Course Transferable to UC/CSU*  
*Hours: 54 hours LEC; 36 hours LAB*

See Experimental Offering. UC transfer credit will be awarded only after the course has been evaluated by the enrolling UC campus. The units completed for this course cannot be counted towards the minimum 60 units required for admissions.