

## Occupational Therapy Assistant

## OTA

### Degree:

A.S. – Occupational Therapy Assistant

### Division of Science and Allied Health

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## Occupational Therapy Assistant

### Program Information

An Associate in Science Degree can be obtained by completion of the required Occupational Therapy Assistant program requirements. The degree includes Occupational Therapy Assistant courses (43.5 units), Allied Health courses (5 units), and specific general education and science courses required for the program (18.5-25.5 units). Students must also take additional courses to meet graduation requirements of the college. Courses are scheduled sequentially for four semesters and two summer sessions. The shortest time to complete all requirements of the program would be two years after admission to the program. The Allied Health and OTA courses are offered Monday through Thursday in the evening and on Saturdays, with the exception of clinical fieldwork, which is scheduled during weekday business hours.

Supervised clinical fieldwork experiences are integrated throughout the program. Students must complete fieldwork as a corequisite to academic courses. The introduction to clinical practice courses, OTA 122, 132, and 142, require 40 hours of fieldwork (with 14 hours on-campus seminar for each class); OTA 152 requires 20 hours of fieldwork (with 7 hours on-campus seminar). There are two required full-time fieldwork experiences that take place during the student's final two semesters, requiring completion of 320 hours in each setting, to be completed during regular business hours, Monday-Friday. These clinical rotations each have a separate and required on-campus seminar course, each for 27 hours. (Note: Due to site availability and unforeseen circumstances, not all sites may be assigned on the first day of the semester. All efforts are made to place students in fieldwork sites as soon as sites are available.) Fieldwork requires completion of a physical examination, immunizations, a TB test, current CPR certification for health personnel (level C), background check, fingerprinting, and drug screening. Fieldwork sites may have additional requirements specific to their site.

In addition to college enrollment fees, other estimated costs include: books and supplies (\$850); lab fees (\$100); background check and drug screening (\$100); physical examinations and immunizations (\$175); malpractice insurance (\$30); fingerprinting (\$150); and fees and related requirements for certification test and licensure (\$850). Some clinical sites require that students have health and/or automobile insurance as a condition of acceptance for fieldwork placement. Students must also plan for travel costs to and from the clinical facilities, many of which are outside the Sacramento area. While all efforts are made to place students in locations near their residence, students need to be prepared to travel long distances to complete their fieldwork experiences. Some students may need to arrange for housing during the full-time fieldwork. All clinical fieldwork must be completed in California. The costs listed above are based on current fees and are subject to change without notice.

Students in the OTA Program will be required to practice skills on each other in a laboratory setting with instructor supervision. Courses in the OTA Program may include discussion of issues such as race, religion, sexuality, disability, and gender as related to the course content. Accreditation/Certification: The Occupational Therapy Assistant Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, Suite 200, Bethesda, MD 20814-3449. ACOTE's phone number, via AOTA, is (301) 652-AOTA, and their web address is [www.acoteonline.org](http://www.acoteonline.org). Graduates of the program will be able to sit for the national certification

examination for the occupational therapy assistant administered by the National Board for Certification in Occupational Therapy (NBCOT), located at 12 South Summit Avenue, Suite 100, Gaithersburg, MD 20877-4150. NBCOT's phone number is (301) 990-7979, and their web address is [www.nbcot.org](http://www.nbcot.org). After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). Most states require licensure in order to practice; however, state licenses are usually based on the results of the NBCOT Certification Examination. Upon successful completion of the NBCOT examination, graduates intending to practice in California are required to be licensed by the California Board of Occupational Therapy (CBOT), located at 2005 Evergreen Street, Suite 2050, Sacramento, CA 95815. Additional information about these practice regulations can be found at [www.bot.ca.gov](http://www.bot.ca.gov) or by contacting the Board at 916-263-2294.

### Additional Information

About the Program: Informational meetings are held several times each semester and provide prospective students with information on program prerequisites, enrollment process, and other facts about the program. All interested students are strongly encouraged to attend. For dates, times, and other information, visit the program website at <https://www.scc.losrios.edu/ota/>.

About Fieldwork Requirements: Students must be prepared to attend clinical fieldwork activities during weekday and daytime hours. Evening and weekend fieldwork is not available. Students are responsible for securing transportation to assigned clinical sites to complete the fieldwork component of the program. While all efforts are made to place students in geographically convenient areas, students need to be prepared to travel long distances to complete their fieldwork experiences in some settings. Due to the nature of clinical fieldwork placement, requests for placement on public transit lines are not available. The last two semesters of the program requires full-time clinical fieldwork during which students are unable to work in outside employment. Part-time placement is not available except for documented medical accommodations. Students should develop a financial plan that enables them to complete this required component of the program, which can take several months to complete depending on individual circumstances.

About Recency of OTA Courses: All courses with an OTA designator (except OTA 100) must have been completed within the last five years at the time of petitioning for graduation. This time frame is consistent with recency requirements for completion of the national exam and for licensure to practice in California. Students who do not meet this qualification must meet with the Program Coordinator and the Division Dean to review individual circumstances.

### Career Opportunities

This program prepares the student for employment as an occupational therapy assistant. Occupational therapy assistants work with people of all ages who, because of physical, cognitive, developmental, social, or emotional problems, need specialized assistance in order to lead independent, productive, and satisfying lives. They may work in a wide variety of settings including hospitals, rehabilitation centers, skilled nursing facilities, home health agencies, school systems, psychiatric hospitals, private practice outpatient clinics, and emerging practice areas.

**Enrollment Eligibility**

To be eligible for enrollment in the program, the student must meet the following criteria:

- Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of “C” or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program.
- Courses passed with a grade “P” or “CR” will be calculated into the student’s GPA as a “C” grade.

Eligible students are selected for the program according to the following steps:

- Students may apply if program prerequisites are in-progress at the time of application. Proof of enrollment is required. Wait-listed courses are not eligible for consideration.
- Applications to the program must be submitted by the posted due date, which can be found on the program website at <https://www.scc.losrios.edu/ota/>. All applications are accepted once a year and are submitted only online. Required documentation includes: unofficial transcript(s), including all schools in the Los Rios Community College District; proof of completion of the Sacramento City College Reading Competency graduation requirement; and proof of enrollment for any in-progress program prerequisites. All documents must be in PDF format. Students must submit a complete and qualified application each enrollment period in order to be considered.
- When the number of applicants exceeds the available seats, a random selection process is used to determine the roster of the incoming class. Students who have submitted complete and qualified applications in sequential years will receive entries in the random selection equal to the number of years applied. Failure to meet any of these requirements results in the application being categorized as a new application.
- Those students selected to enter the program will be expected to fulfill additional requirements to maintain their eligibility. Examples of these requirements include: completion of a background check, drug screen, physical examination, immunizations, CPR and HIPAA training; and purchase of malpractice insurance and medical document manager. This list is not fully inclusive and is subject to change without notice.
- Transfer students: Students from other accredited OT or OTA programs may apply to transfer to the Sacramento City College OTA Program. Students must first apply to the program and be accepted before transfer credits are reviewed. Students must submit the following in order to complete a transfer credit review: transcripts, course syllabi, and a letter of introduction from the director of the program where the student was previously enrolled. Any OT/OTA coursework older than five years will not be considered for transfer. The review of transfer credit requires five to six weeks and cannot be completed if the materials provided are incomplete. A review of the proposed transfer courses does not imply or guarantee acceptance of the coursework. Incoming transfer students are subject to skills and theory testing to confirm current competency prior to final course placement. Students may not transfer to take only the Level II fieldwork courses.
- A felony conviction may affect eligibility to sit for the national exam and/or complete the licensure process in California. For more information about an “Early Determination” review for the national exam, contact the National Board for Certification in Occupational Therapy (NBCOT). Their web address is [www.nbcot.org](http://www.nbcot.org). For more information about California licensure, contact the California Board of Occupational Therapy (CBOT). Their web address is [www.bot.ca.gov](http://www.bot.ca.gov).

**Upon completion of this program, the student will be able to:**

- recognize the theoretical frames of reference from which the practice of occupational therapy is derived.
- demonstrate fundamental skills in the use of evidence to guide practice and participate in research activities as directed.
- describe occupational therapy programs and practice as currently organized in health care delivery systems.
- describe emerging and non-traditional practice areas and define the role of the OTA in these settings.
- analyze tasks and environments to assess their therapeutic qualities and constraints.
- perform evaluation procedures selected according to OTA practice guidelines.
- assist in developing occupational therapy intervention plans.
- implement an intervention plan to engage clients in purposeful activities related to occupation.
- document factual client data for oral and written communication, using either traditional methods or new technologies.
- maintain records and reports including counter-signatures, as guided by regulations for confidentiality, reimbursement, and quality assurance.
- revise and implement OT intervention plans in ongoing collaboration with the supervising OT.
- assess factors that warrant change or discontinuation of an established intervention plan, in collaboration with the supervising OT.
- manage supplies and equipment necessary for OT intervention, demonstrating safety and appropriate infection control procedures.
- access, reference, and abide by all state regulations.
- locate, reference, and abide by all federal regulations, including HIPAA and ADA guidelines.
- apply the OT Code of Ethics as an element of all professional interactions and service provision.
- adhere to all OT department and agency policies and procedures.
- explain the definition and role of occupational therapy to consumers and other health practitioners.
- discuss how socio-cultural diversity may influence the therapeutic process.
- demonstrate actions that reflect non-judgmental attitudes and values toward patient/clients, staff, and family members in professional situations.
- exhibit behaviors that respect the client’s basic rights to quality service with minimum risk of further injury or insult.
- demonstrate an attitude of professional responsibility for self-directed learning as a life-long process for acquiring new knowledge, abilities, attitudes, and refining clinical reasoning.

Required Program	Units
Courses Required for Program Application in Addition to Completion of LRCCD Reading Competency:	
AH 106 Communication for Allied Health Careers.....	2
AH 110 Medical Language for Health-Care Providers.....	3
BIOL 100 Introduction to Concepts of Human Anatomy and Physiology (3) .....	3 – 10 <sup>1</sup>
or BIOL 430 Anatomy and Physiology (5) and BIOL 431 Anatomy and Physiology (5)	
ENGWR 300 College Composition (3) .....	3 – 4
or ENGWR 488 Honors College Composition and Research (4)	
OTA 100 Introduction to Occupational Therapy.....	1
PSYC 300 General Principles (3) .....	3 <sup>2</sup>
or PSYC 480 Honors General Principles (3)	
PSYC 370 Human Development: A Life Span (3) .....	3
or FCS 324 Human Development: A Life Span (3)	
<b>Semester 1 (Spring):</b>	
OTA 123 Fundamentals of Clinical Documentation .....	1
OTA 131 Occupational Therapy Theory and Process in Psychosocial Dysfunction .....	5
OTA 132 Introduction to Clinical Practice in Psychosocial Dysfunction (1) .....	1
or OTA 122 Introduction to Clinical Practice in Non-Traditional Settings (1)	
OTA 150 Occupational Therapy Process and Practice in Developmental Disabilities and Pediatric Conditions.....	2.5
OTA 152 Introduction to Clinical Practice in Pediatric Conditions ...	0.5
<b>Semester 2 (Summer):</b>	
OTA 110 Functional Biomechanics for the OTA.....	3
OTA 111 Functional Biomechanics Lab for the OTA.....	1
<b>Semester 3 (Fall):</b>	
OTA 140 Theoretical Foundations of Physical Dysfunction .....	3
OTA 141 Occupational Therapy Process in Physical Dysfunction .....	4
OTA 142 Introduction to Clinical Practice in Physical Dysfunction .....	1
General Education Required to Advance to Semester 4:	
AH 301 Health Care in a Multicultural Society (3) .....	3
or SOC 300 Introductory Sociology (3)	
or SOC 480 Introductory Sociology – Honors (3)	
or ANTH 310 Cultural Anthropology (3)	
or ANTH 481 Honors Cultural Anthropology (3)	
LIBR 307 Medical Information Resources.....	1
NUTRI 300 Nutrition (3) .....	3
or NUTRI 480 Nutrition Honors (3)	
or HEED 300 Health Science (3)	
<b>Semester 4 (Spring):</b>	
OTA 120 Fundamentals of Occupational Therapy Assistant Practice .....	2.5
OTA 124 Introduction to Electronic Documentation for the OTA.....	0.5
OTA 160 Field Work Level II for the Occupational Therapy Assistant..	6
OTA 162 Practice Skills for First Rotation OTA Level II Field Work...	0.5
<b>Semester 5 (Summer):</b>	
OTA 121 Contemporary Models of Practice in Occupational Therapy	1
<b>Semester 6 (Fall):</b>	
OTA 161 Field Work Level II for the Occupational Therapy Assistant .....	6
OTA 163 Practice Skills for Second Rotation OTA Level II Field Work .....	0.5
<b>Total Units Required</b>	<b>64 – 74</b>

<sup>1</sup> Ten year recency required.

<sup>2</sup> Ten year recency required.

#### Suggested Electives

AH 301, DEAF 353, PNJABI 401, RUSS 101, SPAN 401, TGLG 401

#### Associate in Science (A.S.) Degree

The Associate in Science Degree may be obtained by completion of the required program plus the general education requirements. See SCC graduation requirements.

## Occupational Therapy Assistant (OTA)

### OTA 100 Introduction to Occupational Therapy 1 Unit

*Prerequisite: None.*

*Hours: 18 hours LEC*

This course has been designed to provide the student with information needed to determine if occupational therapy (OT) is a suitable career option. The student is introduced to human occupation as participation in everyday life activities. In addition, the course will address how health, wellness, disease, and disability affect engagement in life tasks and how OT interventions are used to maximize performance within chosen activities. The role of the Occupational Therapy Assistant (OTA) is defined, with explanation of the history of OT as well as current and emerging practice settings. Professional activities, requirements, ethics, and behaviors are also discussed. A four-hour observation in an OT clinic or program for special needs populations is required. Students are responsible for securing their own observation sites, with guidance from the instructor, as well as the related transportation to/from the facility. Some facilities may have additional requirements for student observations, such as a clear tuberculosis test and/or fingerprinting. Students are responsible for the cost of these additional requirements, if any.

### OTA 110 Functional Biomechanics for the OTA 3 Units

*Prerequisite: OTA 150 and 152 with grades of "C" or better*

*Corequisite: OTA 111*

*Hours: 54 hours LEC*

In this course the Occupational Therapy Assistant (OTA) student will explore components of human movement, including joint structure and function, muscle action, motor and reflex development, and balance and sensory influence. In addition to the body structures involved in movement, students will examine the motor and process skills and sensory and neuromusculoskeletal client factors required for engagement in occupation across the lifespan. Students will complete a formal biomechanical activity analysis as it relates to occupational performance.

### OTA 111 Functional Biomechanics Lab for the OTA 1 Unit

*Prerequisite: OTA 150 and 152 with grades of "C" or better*

*Corequisite: OTA 110*

*Hours: 54 hours LAB*

In this course the Occupational Therapy Assistant (OTA) student will use an analysis and problem-solving approach to functional human movement across the lifespan. Through hands-on laboratory activities, students will develop skills in assessment of client factors affecting engagement in occupations. Students will explore basic intervention methods and strategies for remediation of and compensation for biomechanical deficits and impairments.

**OTA 120      Fundamentals of Occupational      2.5 Units  
Therapy Assistant Practice**

*Prerequisite:* OTA 123 and LIBR 307 with grades of "C" or better.

*Hours:* 45 hours LEC

In this course the student will develop knowledge and understanding of the various contexts in which Occupational Therapy (OT) services are provided. Participation in the management and reimbursement of OT services within the scope of the Occupational Therapy Assistant (OTA) is addressed as well. Included is discussion of the principles of management and systems as they relate to providing OT services to individuals and within organizations. Professional responsibilities are examined with an emphasis on development of professional attitudes and behaviors.

**OTA 121      Contemporary Models of      1 Unit  
Practice in Occupational Therapy**

*Prerequisite:* OTA 120 with a grade of "C" or better

*Hours:* 18 hours LEC

Significant changes in health care have resulted in a move away from the medical and institutional models to community-based models. This course will provide the Occupational Therapy Assistant (OTA) student with a foundation of knowledge that will allow the student to pursue practice opportunities in community-based and other non-traditional and emerging practice settings. In this course, the student will gain an understanding of the various disciplines involved in these settings, the role of or potential for occupational therapy (OT) services within these organizations and funding sources. The student will explore legislative aspects of OT in community-based and non-traditional services, further developing their professional advocacy skills. Students will also explore the profession's philosophical beliefs about inclusion and OT service accessibility.

**OTA 122      Introduction to Clinical      1 Unit  
Practice in Non-Traditional Settings**

*Prerequisite:* AH 106 with a grade of "C" or better; Consent of the OTA program coordinator and the academic fieldwork coordinator are required to ensure site availability.

*Enrollment Limitation:* Enrollment in the Occupational Therapy Assistant Program and completion of BIOL 100, OTA 100, FCS 324 or PSYC 370 and AH 110 with grades of "C" or better and a cumulative GPA of 2.5 in these four (4) courses. Completion of ENGRD 110 or eligibility for ENGRD 310 as determined by the reading assessment process for all applicants who do not have an AA Degree or higher.

*Hours:* 54 hours LAB

Through Level I Fieldwork experiences, students will be introduced to non-traditional practice for individuals with conditions that limit or affect engagement in occupations. As participant observers, students will integrate academic experiences with Occupational Therapy (OT) process in fieldwork settings serving non-traditional clients, those not in typical clinical settings. Through interactions with clients and staff, students will develop skills in observation of occupational performance, clinical safety, therapeutic communication and clinical relationships, professional behavior and boundary-setting, and the self-awareness necessary to be a successful OT practitioner. Students will be required to complete 40 hours of clinical fieldwork during weekday business hours and attend 14 hours of on-campus discussion group. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 123      Fundamentals of Clinical      1 Unit  
Documentation**

*Prerequisite:* See enrollment limitations

*Enrollment Limitation:* Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of "C" or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program. This course may be taken only by students officially accepted into the OTA program.

*Hours:* 18 hours LEC

In this course, the Occupational Therapy Assistant student will develop basic skills in clinical documentation. Students will be introduced to various documentation formats as required by different treatment settings and reimbursement systems. Students will be required to distinguish between subjective and objective reports and development of the clinical opinion and a plan based on these reports. The "Occupational Therapy Practice Framework" will be used as a tool critical to developing fluency in documentation terminology.

**OTA 124      Introduction to Electronic      .5 Unit  
Documentation for the OTA**

*Prerequisite:* OTA 120 and 123 with grades of "C" or better

*Hours:* 9 hours LEC

The use of electronic medical record (EMR) is an expected skill in health care practice as service providers establish compliance with federal mandates for medical information management. This course will provide the occupational therapy assistant student with an introduction to EMR formats, methods, reimbursement requirements, and legal issues. This course prepares the student for learning the basics of the EMR in preparation for Level II fieldwork.

**OTA 131      Occupational Therapy Theory      5 Units  
and Process in Psychosocial  
Dysfunction**

*Prerequisite:* See enrollment limitations

*Corequisite:* OTA 132

*Enrollment Limitation:* Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of "C" or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program. This course may be taken only by students officially accepted into the OTA program.

*Hours:* 72 hours LEC; 54 hours LAB

This course examines the role of the Occupational Therapy Assistant (OTA) when working with individuals who have mental health conditions, cognitive impairments, trauma histories, and/or dysregulated behaviors in a range of settings and contexts. Students will explore areas of occupation, performance skills, performance patterns, contexts, activity demands, and client factors that affect engagement in occupation throughout the lifespan and how these are influenced by psychosocial factors. Occupational Therapy (OT) process will be addressed to include an understanding of an occupational profile, analysis of occupational performance, intervention planning and implementation, and methods to elicit therapeutic outcomes. Students will also advance their skills in activity analysis and the use of professional literature and resources, as well as their awareness of the theoretical models that influence clinical decision-making.

**OTA 132 Introduction to Clinical Practice in Psychosocial Dysfunction 1 Unit**

*Prerequisite:* See enrollment limitations

*Corequisite:* OTA 131

*Enrollment Limitation:* Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of "C" or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program. This course may be taken only by students officially accepted into the OTA program.

*Hours:* 54 hours LAB

Through Level I Fieldwork experiences, students will be introduced to clinical practice for individuals with mental health conditions and dysregulated behaviors that limit or affect engagement in occupations. As participant observers, students will integrate academic experiences with Occupational Therapy (OT) process in settings serving clients with a variety of psychosocial challenges and degrees of disability. Through interactions with clients and staff, students will develop skills in observation of occupational performance, clinical safety, therapeutic communication and clinical relationships, professional behavior and boundary-setting, and the self-awareness necessary to be a successful OT practitioner. Students will be required to complete 40 hours of clinical fieldwork during weekday business hours and attend 14 hours of on-campus discussion group. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 140 Theoretical Foundations of Physical Dysfunction 3 Units**

*Prerequisite:* OTA 110 and 111 with grades of "C" or better

*Corequisite:* OTA 141 and 142

*Hours:* 54 hours LEC

This course introduces the Occupational Therapy Assistant (OTA) student to neurological, orthopedic, and medical conditions that result in physical disabilities. Students will explore areas of occupation, performance skills, performance patterns, contexts, activity demands, and client factors that affect engagement in occupation throughout the lifespan and how these are influenced by physical dysfunction. Students will also develop skills in the use of professional literature and resources, as well as an awareness of the theoretical models that influence clinical decision-making.

**OTA 141 Occupational Therapy Process in Physical Dysfunction 4 Units**

*Prerequisite:* OTA 110 and 111 with grades of "C" or better

*Corequisite:* OTA 140 and 142

*Hours:* 54 hours LEC; 54 hours LAB

This course examines the role of the Occupational Therapy Assistant (OTA) when working with individuals who have orthopedic, neurological, or medical conditions. Occupational Therapy (OT) process will be addressed, to include an understanding of an occupational profile, analysis of occupational performance, as well as intervention planning, implementation, and approaches. Students will also develop skills in selected assessments, clinical documentation, and the selection and use of therapeutic activities and media to elicit engagement in occupation and therapeutic outcomes.

**OTA 142 Introduction to Clinical Practice in Physical Dysfunction 1 Unit**

*Prerequisite:* OTA 110 and 111 with grades of "C" or better

*Corequisite:* OTA 141

*Hours:* 54 hours LAB

Through Level I Fieldwork experiences, students will be introduced to clinical practice for individuals with physical disabilities that limit or affect engagement in occupation. As participant observers, students will integrate academic experiences with Occupational Therapy (OT) process in settings serving clients with a variety of physical challenges and degrees of disability. Through interactions with clients and staff, students will develop skills in observation of occupational performance, clinical safety, therapeutic communication and clinical relationships, professional behavior and boundary-setting, and the self-awareness necessary to be a successful OT practitioner. Students will be required to complete 40 hours of clinical fieldwork during weekday business hours and attend 14 hours of on-campus discussion group. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 150 Occupational Therapy Process and Practice in Developmental Disabilities and Pediatric Conditions 2.5 Units**

*Prerequisite:* See enrollment limitations

*Corequisite:* OTA 152

*Enrollment Limitation:* Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of "C" or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program. This course may be taken only by students officially accepted into the OTA program.

*Hours:* 36 hours LEC; 27 hours LAB

This course introduces developmental disabilities and common conditions of children and adolescents referred for occupational therapy treatment. The scope of occupational therapy, the types of practice settings, and the role of the occupational therapy assistant in pediatrics and developmental disabilities are also covered. Common frames of references, evaluation tools and procedures, and intervention strategies used in pediatric occupational therapy practice are presented.

**OTA 152 Introduction to Clinical Practice in Pediatric Conditions .5 Units**

*Prerequisite:* See enrollment limitations

*Corequisite:* OTA 150

*Enrollment Limitation:* Completion of AH 106, AH 110, BIOL 100 or BIOL 430 and BIOL 431, ENGWR 300 or ENGWR 488, OTA 100, PSYC 300 or PSYC 480, and PSYC 370 or FCS 324 with grades of "C" or better and cumulative GPA of 2.5 or higher in these courses. Completion of the Sacramento City College Reading Competency graduation requirement. BIOL 100 or BIOL 430 and BIOL 431 and PSYC 300 or equivalent courses must have been completed within the last 10 years at the time of application to the program. This course may be taken only by students officially accepted into the OTA program.

*Hours:* 27 hours LAB

Through Level I Fieldwork experiences, students will be introduced to clinical practice for individuals with pediatric or developmental

conditions that limit or affect engagement in occupation. As participant observers, students will integrate academic experiences with Occupational Therapy (OT) process in settings serving clients with a variety of occupational challenges and degrees of disability. Through interactions with clients and staff, students will develop skills in observation of occupational performance, clinical safety, therapeutic communication and clinical relationships, professional behavior and boundary-setting, and the self-awareness necessary to be a successful OT practitioner. Students will be required to complete 20 hours of clinical fieldwork and attend 7 hours of on-campus discussion group. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 160      Field Work Level II for the      6 Units**  
**Occupational Therapy Assistant**

*Prerequisite:* OTA 131 and 132 with grades of "C" or better  
*Corequisite:* OTA 162  
*Hours:* 324 hours LAB

This course concentrates on the application of knowledge and skills for the occupational therapy assistant student. The student is placed in a supervised fieldwork setting, which provides the student with the opportunity for carrying out professional responsibility with appropriate supervision and professional role modeling. Students complete 320 hours of supervised fieldwork in a facility working with clients/patients with physical and/or psychosocial dysfunction. Students will be placed in two distinctly different clinical settings for OTA 160 and OTA 161 in order to experience a broad range of clinical expectations and scenarios, while progressively refining and advancing skills from one course to the next. Fieldwork sites are assigned by the fieldwork coordinator. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 161      Field Work Level II for the      6 Units**  
**Occupational Therapy Assistant**

*Prerequisite:* OTA 121, 141, and 142 with grades of "C" or better  
*Corequisite:* OTA 163  
*Hours:* 324 hours LAB

This course concentrates on the application of knowledge and skills for the occupational therapy assistant student. The student is placed in a supervised fieldwork setting, which provides the student with the opportunity for carrying out professional responsibility with appropriate supervision and professional role modeling. Students complete 320 hours of supervised fieldwork in a facility working with clients/patients with physical and/or psychosocial dysfunction. Students will be placed in two distinctly different clinical settings for OTA 160 and OTA 161 in order to experience a broad range of clinical expectations and scenarios, while progressively refining and advancing skills from one course to the next. Fieldwork sites are assigned by the fieldwork coordinator. This course is graded Pass/No Pass. Note: Fieldwork sites may require completion of a physical examination, immunizations, a TB test, and/or current CPR certification for health personnel (level C). Background checks, fingerprinting, and drug screens may also be required. Proof of health insurance may be required. Proof of automobile insurance may be required if driving is involved as part of the clinical experience. Students are responsible for their own transportation to/from the fieldwork site.

**OTA 162      Practice Skills for First      .5 Units**  
**Rotation OTA Level II Field Work**

*Prerequisite:* None.  
*Corequisite:* OTA 160  
*Hours:* 27 hours LAB

This course, taken in conjunction with OTA 160, provides the OTA student with structured lab activities to support success in clinical activities during Level II fieldwork. Students will practice the occupational therapy assessment and treatment needs of various populations through the lifespan. To ensure currency in a range of topics, this lab will also include activities related to OTA scope of practice, documentation, regulations, productivity, and reimbursement. National certification exam preparation activities will also be included. This course is graded Pass/No Pass.

**OTA 163      Practice Skills for Second      .5 Units**  
**Rotation OTA Level II Field Work**

*Prerequisite:* None.  
*Corequisite:* OTA 161  
*Hours:* 27 hours LAB

This course, taken in conjunction with OTA 161, provides the OTA student with structured lab activities to support success in clinical activities during Level II fieldwork. Students will practice the occupational therapy assessment and treatment needs of various populations through the lifespan. To ensure currency in a range of topics, this lab will also include activities related to OTA scope of practice, documentation, regulations, productivity, and reimbursement. National certification exam preparation activities will also be included. This course is graded Pass/No Pass.

**OTA 295      Independent Studies in      1-3 Units**  
**Occupational Therapy Assistant**

*Prerequisite:* None.  
*Enrollment Limitation:* Only students officially enrolled in the Occupational Therapy Assistant Program, and in good-standing, are eligible for this course.  
*Hours:* 162 hours LAB

This course allows an individual student enrolled in the Occupational Therapy Assistant Program to study, research, and participate in clinical or community activities beyond the scope of regularly offered classes, pursuant to an agreement among the college, faculty members, and the student.

**OTA 299      Experimental Offering in      .5-4 Units**  
**Occupational Therapy Assistant**

*Prerequisite:* None  
*Hours:* 72 hours LEC

This is an experimental course offering designed to provide students with coursework not normally offered by the Occupational Therapy Assistant Program. Course topics will be structured around new and emerging issues related to the field of occupational therapy.