SQ4R METHOD

Advantages of the SQ4R Method
- Helps concentration
- Increases reading efficiency and interest.
- Relates new knowledge to previous knowledge.
- Helps build confidence in ability to recite and take tests.

Survey
Previewing will help you get your bearings and save time.

Preview the textbook:
1. Read the front material, especially the table of contents.
2. Note typographical and visual aids.
3. Look for the glossary and other aids.
4. Quickly read heading, subheading, and introduction.
   a. Review what you already know about the subject matter.
   b. Find the author's purpose.

Preview the chapter:
1. Divide the chapter into small reading segments.
2. Read the summary if there is one.

Question
- Ask: What does the title of the chapter mean? What do I already know about the subject?
- Question your purpose for reading the chapter. Why am I reading this? What do I want to get out of it?
- Look at questions the author may have at the beginning or end of the chapter.

Read
- Use a reading speed appropriate to the material and your purpose.
- Read to get the main idea and supporting details.
- Compare, analyze, systematize as you read.
- Answer specific questions. Make headings into questions.

Recite
- Recite orally in your own words as soon after reading as possible.
- Talk to yourself, using the form in which you will need the information for discussion, answering specific questions, etc.

(W)Rite
- Write a brief summary in your own words relating main ideas to details.
- Turn headings into questions and answer them.

Review
- Recite and review as a continuous process.
- Make sure you understand the general idea behind what you've read.
- Use a critical attitude toward material you've read.
- Relate the new material studied to what you already know.