



Help patients and their families navigate the healthcare system by:

- I** Bridging language and cultural barriers
- I** Clarifying medical advice and procedures
- I** Providing comfort and emotional support
- I** Facilitating access to services

PROGRAM REQUIREMENTS AND SEQUENCE			
SPRING SEMESTER 2019 – JANUARY 18, 2019 - MAY 20, 2019			
CLASS NAME	UNITS	DAY	TIME
AH 101 – Introduction to Community Health Worker	1.5	SA	9:00-12:15AM 1 st 8 weeks
AH 110 – Medical Language	3	TH	5:30-8:40PM
AH 301 – Health Care In a Multicultural Society	3	W	5:30–8:40 PM
SOC 375 – Introduction to Community Development	3	TU	5:30-8:40PM
SPRINGSEMESTERTOTAL UNITS	10.5		
SUMMER 2019 – JUNE 11, 2019 – JUNE 19, 2019			
CLASS NAME	UNITS	DAY	TIME
AH 106 – Communication for Allied Health Careers	2	TUTH	5:30 – 8:50 PM
AH 121 – Social Determinants of Health	2	MW	5:30 – 8:50 PM
Adult and Pediatric First Aid/ CPR and AED certification course in lieu of HEED 314	N/A	TBD	All day course
SUMMER TOTAL UNITS	4		
FALL SEMESTER 2019			
CLASS NAME	UNITS	DAY	TIME
AH 103 – US Healthcare Systems & Third Party Payers	2	TBD	
AH 105 – Community Health Resources	2	TBD	
SOC 382 – Introduction to Casework in Social Services	3	TBD	
SOC 385 – Practicum in Sociology	2		Online and in practicum sites, 120 hrs volunteer; 150 hrs paid
3 unit Major Elective from the following: ECE 312 – Child Development; SOC 314/ECE 314 – The child, the family the community; ECE 402 – Infants and Atypical Development; ECE 415 – Children’s Health; ETHNS 300 – Intro to Ethnic Studies; SOC 301 – Social Problems; SOC 335 – Sociology of Aging; SOC 344 – Sociology of Woman’s Health	3	TBD	
FALL SEMESTER TOTAL UNITS	12		
PROGRAM TOTAL	26.5		

SACRAMENTO CITY COLLEGE



Community Health Worker Certificate Program

in collaboration with Health Net, WellSpace Health and Greater Sacramento Urban League



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Community Health Worker Certificate Program

STATEMENT OF INTEREST

Please sign me up for the program and contact me for the next steps I need to complete:

Name: _____

Street Address: _____

City: _____ Zip code: _____

Phone: _____

Email: _____

Are you or have you ever been a Los Rios Community College District student (SCC, ARC, CRC or FLC)? If so, what is your student ID number?

AGREEMENTS

By signing below, I agree to the following:

- 1) I will attend the Enrollment meeting on December 13th at 6:00 pm at the Greater Sacramento Urban League.
- 2) I am able to attend class at the Greater Sacramento Urban League on evenings (5:00 to 9:00 pm) and Saturdays starting in January 2019 and going through December 2019.
- 3) In Fall semester 2019, I am available one day a week (at least 8 hours during regular work hours) for my internship.

Signature: _____

Date: _____

Please cut along dotted line and return this portion

STEPS TO SUCCESS

You've decided the Community Health Worker Program is right for you, it's time to start. Here are the required steps you must take to get the classes you need. Your SUCCESS starts here!

Step 1: Complete a Statement of Interest

Fill out the attached Statement of Interest and deliver to Sue Hussey, 3835 Freeport Boulevard, Sacramento, CA 95822 OR complete the Statement of Interest on the program website:
www.scc.losrios.edu/sah/chw

Step 2: Apply to Sacramento City College*

If you are a new or returning student to Los Rios, you must complete and submit our free online application before you can register for classes. Go to: <https://www.scc.losrios.edu/apply/>

You only need to submit an application to one college. After submitting your application, an email will be sent to you with your Los Rios identification (ID) number. Email your student ID number to Sue Hussey at husseys@scc.losrios.edu.

Step 3: Apply for Financial Aid*

Step 4: Enroll in Classes*

**We will be holding an enrollment meeting on December 13, 2018 at 6 pm at the Greater Sacramento Urban League to assist you in steps 2-4 above.*

Overview of the Community Health Worker Program

Sacramento City College, in collaboration with Health Net, WellSpace Health and the Greater Sacramento Urban League, will be offering courses for the Community Health Worker (CHW) program at the Greater Sacramento Urban League starting in January 2019. Students enrolling in this program will be motivated by their own life experience, and the desire to promote the health of their communities and to advocate for social justice. The program is open to students no matter what their academic background.

The curriculum trains students in the core competencies required for success in the field. The student must be able to make a time commitment for two semesters and a summer and attend the required classes which will be held in the evenings (typically from 5-9 pm) and on Saturdays. An essential component of the SCC CHW Certificate Program is the requirement that all students complete an internship with a local agency. The internship complements classroom learning and provides a key opportunity to shadow, observe and practice key skills in a professional setting. To be eligible for the internship, the student must have a current CPR certificate and pass a background check. Students must complete their internship with a passing or satisfactory evaluation to receive their CHW Certificate.